



WELLINGTON COLLEGE
INTERNATIONAL
SHANGHAI

Prep Canteen (Y7-Y9) LUNCH MENU



May	Monday 6 th	Tuesday 7 th	Wednesday 8 th	Thursday 9 th	Friday 10 th
Year Group	Year 7 Year 9	Year 8 Year 9	Year 8 Year 9	Year 7 Year 9	Year 9 Year 9
Option A			意式香肠配洋葱和甜椒佐意大利面		
RMB			34		
Option B			南瓜奶油焗意面配西兰花		
RMB			32		
Option C			照烧鸡排饭配日式炒蔬菜		
RMB			32		
Drink Selection			Assorted drinks		
RMB			from 5 – 20 RMB		





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May	Monday 13 th	Tuesday 14 th	Wednesday 15 th	Thursday 16 th	Friday 17 th
Year Group	Year 7 Year 9	Year 8 Year 9	Year 8 Year 9	Year 7 Year 9	Year 9 Year 9
Option A			烟熏三文鱼焗意大利面 西兰花		
RMB			36		
Option B			韩式芝士年糕配鱼饼		
RMB			34		
Option C			和牛芝士包萨配炒蔬菜		
RMB			32		
Drink Selection			Assorted drinks		
RMB			from 5 – 20 RMB		





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May	Monday 20 th	Tuesday 21 st	Wednesday 22 nd	Thursday 23 rd	Friday 24 th
Year Group	Year 7 Year 9	Year 8 Year 9	Year 8 Year 9	Year 7 Year 9	Year 9 Year 9
Option A		锡纸烤土豆配酸奶油，奶酪碎，培根碎 蔬菜色拉			
RMB			24		
Option B			意式萨拉米蔬菜披萨		
RMB			30		
Option C			奶酪植物肉卷饼酥 蔬菜色拉		
RMB			34		
Drink Selection			Assorted drinks		
RMB			from 5 – 20 RMB		





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Prep Canteen (Y7-Y9) LUNCH MENU



May	Monday 27 th	Tuesday 28 th	Wednesday 29 th	Thursday 30 th	Friday 31 st
Year Group	Year 7 Year 9	Year 8 Year 9	Year 8 Year 9	Year 7 Year 9	Year 9 Year 9
Option A	意大利面色拉配烤蔬菜以及黑橄榄三文鱼 蔬菜色拉				
RMB	34				
Option B	卡兹脆鸡腿配烧烤酱 意大利烩蔬菜 土豆三角饼				
RMB	40				
Option C	培根鸡蛋墨西哥饼 蔬菜色拉				
RMB	28				
Drink Selection	Assorted drinks				
RMB	from 5 – 20 RMB				

